

**English First Term Test 01**

Name and class: .....

Mark: ...../20

Read the text, and then do the activities after it.

India has rich culture and its traditional aspects are very remarkable. In the same way Indians follow the cultural aspects and traditions regarding selection of food and eating habits. These latter are very much influenced by religious beliefs of Indians. Other things like caste restrictions, weather, and geography have also affected the eating habits of Indians.

There are two main groups of people in India who are different in their eating habits and choice of foods. They are vegetarians and Vishnu. Vegetarians have their own believes to skip eating meat in their lives. According to their religious believes, they think that eating meat of animals is not right for human for they consider them pious creatures of God and worship them. Eating habits of India vary according to different regions and provinces of India. Most of the Indians eat almost all food items like fruits, vegetables, fish, dairy products and grain foods.

Sweets and desserts are always part of their food and they celebrate their moments of happiness with sweets. With changes and new outcomes in food industry, modern families of India tend to eat junk food offered by foreign food restaurants and franchisers. Tea is also drunk as a beverage in whole India by people of all ages. All events and festivals of India are celebrated with cooking delicious and traditional dishes.

**Adopted from the internet:**  
<http://www.eatinghabits.org/geographical-eating-habits/india-eating-habits.html>

**A/ COMPREHENSION**

1. Say if the following statements are **TRUE** or **FALSE**:

- a. Customs and the spiritual beliefs of Indians affected their eating habits. ⇨ .....
- b. Eating meat of animals in not right for Vishnu Indians. ⇨ .....
- c. Indian eating habits continued to be the same without any transformation. ⇨ .....

2. Read the text again, and then answer the following questions:

a. What has influenced the Indians eating habits?

.....

.....

b. How do Indian eating habits vary?

.....

.....

4. What do the underlined words in the text refer to?

- a. Their ⇨ .....
- b. They ⇨ .....

5. Choose the best title for the text. (Circle the right answer)

- a. Indian eating habits
- b. traditional aspects of India
- c. Main groups of people in India

**B/ TEXT EXPLORATION**

1. Pick out from the text words which are closest in meaning to the following:

Routines = ..... Differ = .....

2. Pick out from the text words which are opposite in meaning to the following:

Minor ≠ ..... Old-fashioned ≠ .....

3. Divide the words into roots and affixes.

Remarkable, culture, outcomes, traditional

prefix	root	suffix

**4. Ask questions about the underlined words.**

\* Vegetarians have their own believes to skip eating meat in their lives.

.....

\* All events and festivals of India are celebrated with cooking delicious and traditional dishes.

.....

**5. Complete the sentences so that they express habit.**

\* Indian vegetarian people ..... meat in their lives but now modern families of India tend to eat junk food offered by foreign food restaurants and franchisers

\* Indians ..... follow the cultural aspects and traditions in the selection of food and eating habits but now modern families .....the changes and new outcomes in food industry.

**6. Fill in the gaps with the appropriate words.**

Eating habits become a part of culture that is developed as a result of traditional values of a country. Therefore, eating habits vary from ..... to country. English people ..... eat heavy breakfast including sausages, mushrooms, eggs and tomatoes in past but now they have adopted contemporary eating ..... Now their breakfast includes cereal with milk or they like to have toasts with marmalade or jams. Drink that they ..... have is tea but some people prefer coffee on tea.

**7. Classify the words according to their final pronunciation.**

Vegetarians, habits, provinces, Indians

/s/	/z/	/iz/